



Spotlight on...

First Call 2-1-1

First Call 2-1-1 is a 24 hour, 7 days a week Information and Referral service which helps people find the programs they need. **ALL CALLS ARE CONFIDENTIAL, ANONYMOUS AND FREE.** It is designed to be the most comprehensive system in the state, providing information on thousands of agencies and services, maintained and made available for all Minnesota residents.

This is just a partial listing of the hundreds of services we list:

- Civic
- Community
- Counseling
- Crisis
- Disabilities
- Education
- Emergency
- Employment
- Financial
- Health
- Legal
- Seniors
- Support
- Transportation
- Volunteerism

Please contact us for additional resources:

Toll-Free: (800) 543-7709 or 2-1-1

Website: www.firstcallnet.org

1424 Central Avenue NE
East Grand Forks, MN 56721

Phone: 218-773-3519

Email: 211nwmn@tvoc.org



125 W. Lincoln Ave, Suite 11
Fergus Falls, MN 56537

Phone: 218-736-2856

Email: 211wcmn@tvoc.org

First Call 2-1-1 is a program of Tri-Valley Opportunity Council, Inc. serving Becker, Clay, Douglas, Grant, Hubbard, Kittson, Mahnomon, Marshall, Norman, Otter Tail, Pennington, Polk, Pope, Red Lake, Roseau, Stevens, Traverse, Wadena and Wilkin counties.